

2026-27 Football Question Bank

Football · Part 1 · 2026-27 · 50 questions

1. After the game starts, Team A wants to get another football approved. Should the officials allow this?

- ☐ A No - only footballs approved prior to the start of the game may be used.
- ☐ B Yes, provided the ball is legal and the Umpire approves the ball.
- ☐ C Yes, provided the ball is legal and the Referee approves the ball.
- ☐ D No – A new ball can only be approved in cases where weather is involved.

2. 4th & goal at Team B's 1-yard line - Team A hands the ball to the fullback. Three Team A players push the pile of bodies forward into the end zone, but they don't touch the runner. What is the correct ruling?

- ☐ A This is a legal play.
- ☐ B This is a foul for aiding the runner. 5-yard penalty from the previous spot
- ☐ C This is a foul for aiding the runner. 5-yard penalty from the goal line
- ☐ D This is a foul for aiding the runner. 15-yard penalty from the previous spot

3. In which of the following is a player illegally wearing a playcard wristband?

- ☐ A The QB wears a playcard wristband on his wrist.
- ☐ B The QB wears a playcard wristband on his forearm.
- ☐ C The QB wears a playcard wristband on his belt.
- ☐ D The Center wears a playcard wristband attached to the back of his jersey, just above the numbers.

4. 1st & 10 at Team A's 37-yard line – A10 runs the ball to Team A's 40-yard line, where he fumbles near the sideline. The ball goes out of bounds at A's 38-yard line. What is the result of this play?

- ☐ A 2nd & 7 at Team A's 40-yard line - The game clock will start on the ready-for-play signal.
- ☐ B 1st & 10 for Team B at Team A's 40-yard line
- ☐ C 2nd & 9 at Team A's 38-yard line - The game clock will start on the snap.
- ☐ D 2nd & 9 at Team A's 38-yard line - The game clock will start on the ready-for-play signal.

5. Which of the following conditions must occur for an official to call a pass interference foul?

- ☐ A The pass must be a legal forward pass.
- ☐ B The pass must cross the neutral zone.
- ☐ C The pass must be untouched by Team B in or behind the neutral zone.
- ☐ D All the above.

6. B44 intercepts a forward pass in his end zone. While still in the end zone, he attempts a backward pass to B24. B24 muffs the pass, and the ball goes out of bounds across the end line. What is the result of this play?

- ☐ A Safety
- ☐ B Touchback
- ☐ C Incomplete Pass
- ☐ D Touchdown

7. On a try, R77 blocks the kick behind the line of scrimmage. Holder K11 picks up the ball at the 7-yard line and runs it to the 1-yard line where he fumbles while being tackled. R26 picks up the fumble in his end zone and runs it back 100 yards for a score. What is the result of the play?

- ☐ A Touchdown. Score 6 points for Team R.
- ☐ B Safety. Score 2 points for Team R.
- ☐ C Touchback. Team B's ball, 1st & 10, at the 20-yard line
- ☐ D When the kick was blocked, the try was over, and the ball was dead immediately.

8. 4th & 8 at Team B's 30-yard line - Time expires for the 2nd quarter as A10 runs the ball beyond the line to gain. He then throws a forward pass from B's 21-yard line. A11 catches the pass and scores a touchdown. Team B accepts the penalty. What is the correct ruling?

- ☐ A The period will not be extended since A's foul contained a loss of down provision.
- ☐ B Team A has the ball for an untimed down at B's 26 - 1st and 10.
- ☐ C Team A has the ball for an untimed down at B's 26 - replay 4th down.
- ☐ D None of the above.

9. Which of these acts is legal?

- ☐ A While trying to block a field goal attempt, B58 accidentally slaps holder A12's helmet.
- ☐ B While trying to break up a pass, B22 accidentally slaps receiver A80's helmet.
- ☐ C While blocking an opponent, A52 accidentally slaps B74's helmet.
- ☐ D None of the above.

10. Team A trails late in the game, 20-12. A34 scores a TD as time expires in the 4th quarter. Team A attempts a 2-point try to tie the score. A84 catches a pass in the end zone, but B9 commits pass interference. Which of these options is most favorable for Team A?

- ☐ A Accept the pass interference penalty. Move the ball half the distance to the goal line. Replay the untimed down.
- ☐ B Decline the pass interference penalty. The game goes to overtime.
- ☐ C Accept the pass interference penalty. Enforce the penalty from the succeeding spot on the first play of overtime.
- ☐ D The game ends in a tie.

11. 1st & 10 at Team A's 20-yard line – B78 commits a roughing the passer foul, but A12's pass is complete to A24 at A's 30-yard line. A24 fumbles the ball at A's 34-yard line, and it rolls out of bounds at A's 35-yard line. What is the result of the play?

- ☐ A 1st & 10 at A's 34-yard line
- ☐ B 1st & 10 at A's 35-yard line
- ☐ C 1st & 10 at A's 49-yard line
- ☐ D 1st & 10 at the 50-yard line

12. Prior to the game, the umpire examines a hard cast on B72's forearm. In which situation is B72 allowed to play?

- ☐ A The hard cast is padded with at least ½ inch thick, closed-cell, slow recovery foam padding.
- ☐ B Team B's coach provides written authorization from a licensed medical physician directing the use of the cast as necessary to protect an injury.
- ☐ C The hard cast is padded with at least ¼ inch thick, closed-cell, slow recovery foam padding.
- ☐ D Choice 1 & 2

13. 4th & 4 at Team K's 11-yard line - K18's punt is very high and very short, but it goes beyond the expanded neutral zone. R44 gives an invalid fair-catch signal at K's 20-yard line, and the untouched kick hits the ground and rebounds behind the neutral zone. K21 recovers the ball and is downed at his own 10-yard line. What is the correct ruling?

- ☐ A If Team K accepts the penalty, it will be 1st & 10 for K at their own 15-yard line.
- ☐ B If Team K declines the penalty, it will be 1st & 10 for K at their own 10-yard line.
- ☐ C This is a post scrimmage kick foul. If Team K accepts the penalty, it will be Team R's ball, 1st & 10 from K's 25-yard line.
- ☐ D This is a post scrimmage kick foul. If Team K accepts the penalty, it will be Team R's ball, 1st & 10 from K's 15-yard line.

14. 4th & 8 at Team R's 30-yard line – Team K punts the ball. The ball is coming down near Team R's 5-yard line. No Team R player is in position to catch the ball. While the ball is still in flight, K20 attempts to bat the ball back toward his own goal line. Instead, the batted ball goes into Team R's end zone. What is the correct ruling?

- ☐ A K20 has committed kick catching interference.
- ☐ B Touchback - Team R's ball, 1st & 10, at Team R's 20-yard line
- ☐ C Team R's ball, 1st & 10, at Team R's 5-yard line
- ☐ D Team R's ball, 1st & 10, at Team R's 25-yard line

15. A10 throws a legal forward pass from behind the neutral zone. The pass is intended for A18 and is in flight beyond the neutral zone when B40 contacts A18 from behind and restricts A18's opportunity to catch the pass. B40 is not making a play on the ball. The pass falls incomplete. What is the correct ruling?

- ☐ A Legal play
- ☐ B Offensive pass interference
- ☐ C Defensive pass interference - 15-yard penalty from the previous spot
- ☐ D Defensive holding - 10-yard penalty from the previous spot

16. K77's free kick travels toward the sideline. R14 intentionally steps out of bounds, and while out of bounds, he touches the live ball which is still over the field of play. What is the correct ruling?

- ☐ A Team R's ball at the spot of first touching
- ☐ B Illegal participation by R14 – 15-yard penalty from the spot of the foul
- ☐ C Free kick out of bounds by K
- ☐ D All the above.

17. Team K punts on 4th down with 0:02 on the clock near the end of the 1st quarter. R33 makes a valid fair catch at his own 40-yard line, but K21 commits a kick-catching interference foul. Time expires during the play. What is the correct ruling?

- ☐ A The period is extended if Team R declines the penalty.
- ☐ B The period is extended if Team R accepts the penalty.
- ☐ C Team A doesn't have an option to accept or decline this KCI penalty because time expired.
- ☐ D The period is not extended for any reason.

18. Which of the following is not an unsportsmanlike conduct foul?

- ☐ A Spiking the ball into the ground to celebrate a touchdown.
- ☐ B Initiating contact with an opposing player whose helmet has come completely off.
- ☐ C Taunting an opponent.
- ☐ D Using profanity, insulting or vulgar language or gestures.

19. 1st & 10 at the 50-yard line – A10 runs the ball to Team B's 45-yard line, where he fumbles near the sideline. The ball goes out of bounds at B's 42-yard line. What is the result of this play?

- ☐ A 2nd & 5 at Team B's 45-yard line - The game clock will start on the ready-for-play signal.
- ☐ B 2nd & 5 at Team B's 45-yard line - The game clock will start on the snap.
- ☐ C 2nd & 2 at Team B's 42-yard line - The game clock will start on the ready-for-play signal.
- ☐ D 2nd & 2 at Team B's 42-yard line - The game clock will start on the snap.

20. The Referee blows the ready-for-play whistle. Then the snapper puts his hands on the ball to prepare for the snap. Which of the following is the snapper NOT allowed to do?

- ☐ A He is not allowed to remove both hands from the ball.
- ☐ B He is not allowed to make any movement that stimulates a snap.
- ☐ C He is not allowed to lift or move the ball.
- ☐ D All the above.

21. A20 is illegally in motion at the snap. A10 throws a forward pass. B33 intercepts the pass. As B33 is running with the ball, B45 clips A14. What is the correct ruling?

- ☐ A This is a multiple foul situation. The penalties offset. Replay the down.
- ☐ B Team A gets first choice to determine whether it will accept the penalty against Team B.
- ☐ C Team B has the option to keep the ball and decline Team A's illegal motion penalty. Team A will likely accept Team B's clipping penalty which will be enforced from the spot of the foul. If Team B does not decline Team A's penalty, it creates a double foul situation. If that happens, the teams will replay the down.
- ☐ D If Team B declines the illegal motion penalty, it creates a double foul situation.

22. 1st & 10 at Team A's 20-yard line - B11 intercepts A4's pass at A's 30-yard line. He returns it for a touchdown. B28 clips A44 in A's endzone after the interception but before the score. What is the correct ruling?

- ☐ A Touchdown for Team B - The 15-yard penalty is enforced on the try.
- ☐ B Touchdown for Team B - The 15-yard penalty is enforced on the succeeding kickoff.
- ☐ C The 15-yard penalty is enforced from the end of the run. In this situation, the end of the run is the goal line. 1st & 10 for Team B at Team A's 15-yard line.
- ☐ D The interception doesn't count. Team A retains possession. The 15-yard penalty is enforced from the previous spot. Team A's ball - 1st & 10 at Team A's 35-yard line.

23. 1st & 10 at Team B's 30-yard line - A9 runs to Team B's 25-yard line, where he fumbles. A10 illegally bats the ball at Team B's 27-yard line. A11 recovers the ball at Team B's 29-yard line. Which of the following is correct?

- ☐ A Team A's ball - 1st & 17 at Team B's 37-yard line
- ☐ B Team A's ball - 1st & 15 at Team B's 25-yard line
- ☐ C Team A's ball - 1st & 19 at Team B's 39-yard line
- ☐ D Team A's ball - 1st & 12 at Team B's 37-yard line

24. Receiver A84 runs a pass route near the visitor's sideline. The QB throws a pass toward the home team's sideline. After the QB releases the ball, B21 illegally blocks A84, knocking him off his pattern. A25 catches the pass on the other side of the field. What is the correct ruling?

- ☐ A Illegal use of hands by B21
- ☐ B Defensive pass interference by B21
- ☐ C Illegal block by B21
- ☐ D No foul

25. R21 muffs a scrimmage kick by K1 at Team R's 4-yard line. R21 attempts to recover the ball and advance, but muffs it again, causing the ball to roll into R's end zone where R8 recovers. R8 then advances where he is hit and fumbles the ball out of bounds at R's 3-yard line. What is the result of the play?

- ☐ A R's ball at the 3-yard line
- ☐ B Safety
- ☐ C The momentum rule applies. The ball is placed at the 4-yard line.
- ☐ D Touchback

26. A16 completes a forward pass to A89. B48 tackles A89 inbounds; two yards beyond the line-to-gain. There are no fouls on the play. What should the officials do to manage the game clock and the play clock?

- ☐ A The calling official should stop the game clock since A89 clearly passed the line-to-gain. The Referee should call an official's time-out to measure for a first down.
- ☐ B The calling official should stop the game clock since A89 clearly passed the line-to-gain. The official should observe the area for 1-2 seconds then raise a hand with the dead ball signal to start a new 40-second play clock. The Referee should restart the game clock with a silent wind when the down marker is set for the next set of downs.
- ☐ C The calling official should stop the game clock since A89 clearly passed the line-to-gain. The referee will give a ready-for-play signal to start a 25-second play clock once the down marker and chains are completely set for the next set of downs.
- ☐ D The calling official should keep the game clock running since A89 was tackled inbounds. The official should observe the area for 1-2 seconds then raise a hand with the dead ball signal to start a new 40-second play clock.

27. In which of the following situations has the passer committed a foul?

- ☐ A He throws a forward pass from beyond the neutral zone.
- ☐ B He takes a clean, direct snap and throws the ball immediately to the ground.
- ☐ C He throws a forward pass after having been outside the lateral boundary of the free blocking zone, and the pass crosses the neutral zone in bounds.
- ☐ D He throws a forward pass after having been outside the lateral boundary of the free blocking zone, and the pass crosses the neutral zone out of bounds.

28. Several Team A substitutes enter the field between plays. The officials don't recognize that one Team A replaced player doesn't leave the field within three seconds. When Team A snaps the ball, A77 is in the formation as an extra lineman. What is the correct ruling?

- ☐ A Illegal substitution
- ☐ B Illegal participation
- ☐ C Unsportsmanlike conduct
- ☐ D Personal foul

29. Several Team B substitutes enter the field between plays. B23 attempts to leave the field but doesn't make it to the sideline before Team A snaps the ball. What is the correct ruling?

- ☐ A Illegal substitution
- ☐ B Illegal participation
- ☐ C Unsportsmanlike conduct
- ☐ D Personal foul

30. 4th & goal at Team B's 1-yard line - Team A hands the ball to the fullback. Two Team A players directly push the runner into the end zone. What is the correct ruling?

- ☐ A This is a legal play.
- ☐ B This is a foul for aiding the runner. 5-yard penalty from the previous spot
- ☐ C This is a foul for aiding the runner. 5-yard penalty from the goal line
- ☐ D This is a foul for aiding the runner. 15-yard penalty from the previous spot

31. R1 muffs the kickoff at his own 20-yard line. The ball hits the ground. When it bounces up, K2 catches it at the 16-yard line and advances the ball into Team R's end zone. What is the result of the play?

- ☐ A Touchback
- ☐ B Team K's ball, 1st & 10, at Team R's 20-yard line
- ☐ C Touchdown for Team K
- ☐ D Team K's ball, 1st & 10, at Team R's 16 yard-line

32. Team K is punting from its 10-yard line. R66 blocks the punt. The ball is on the ground in the end zone where two opposing players simultaneously recovers the ball. What is the correct ruling?

- ☐ A Wait until someone clearly gains possession to determine who has possession.
- ☐ B The ball becomes dead with the two players in simultaneous possession on the ground. Award 2 points to Team R for the safety.
- ☐ C The ball becomes dead with the two players in simultaneous possession on the ground. Award Team R a touchdown.
- ☐ D None of the above.

33. 4th & 20 at Team A's 10-yard line - Punter K50 kicks the ball, but his punt is held up by the wind. R29 signals for a fair catch at the 15-yard line. The punt strikes R29 in flight at the 12-yard line and rebounds into the end zone where punter K50 falls on it. What is the result of the play?

- ☐ A Touchback - Team K's ball, 1st & 10, at the 20-yard line
- ☐ B Safety
- ☐ C Team R's ball, 1st & 10, at the 15-yard line
- ☐ D Team R's ball, 1st & 10, at the 12-yard line

34. Team K's free kick is high and comes down over K's 45-yard line where K35 muffs the ball. K3 recovers the ball on Team R's 40-yard line. What is the result of this play?

- ☐ A Team K will be penalized 5 yards for first touching and have the ball 1st & 10 at Team R's 35-yard line.
- ☐ B Team R's ball, 1st & 10, at its own 40-yard line.
- ☐ C Team R has the option of having the ball re-kicked, 15 yards from the previous spot, or having the 15-yard penalty enforced from Team K's 45-yard line.
- ☐ D Team K has fouled by recovering the ball at Team R's 40-yard line.

35. Which of the following is NOT forward pass interference?

- ☐ A Unavoidable contact that occurs when two or more eligible receivers make a simultaneous, bona fide attempt to move toward, catch or bat the pass.
- ☐ B A64 makes immediate contact on B58 after the snap, and the contact does not continue beyond the expanded neutral zone.
- ☐ C B24 contacts A84 several yards beyond the line of scrimmage, and the contact is obviously away from the direction of pass.
- ☐ D All the above.

36. Team A's head coach verifies in the pregame conference that his players are properly equipped. In the 1st quarter an official detects a sticky substance on A30's palms. How should the officials correctly handle this situation?

- ☐ A Stop the clock. Send A30 out of the game until he removes the sticky substance.
- ☐ B Enforce an unsportsmanlike conduct penalty on A30.
- ☐ C Enforce an unsportsmanlike conduct penalty on Team A's head coach.
- ☐ D Choice 1 & 3 are correct.

37. An untouched free kick from Team K's 40-yard line goes out of bounds at Team K's 47-yard line. What is the most advantageous choice for Team R in this situation?

- ☐ A Team R's ball, 1st & 10, at Team K's 42-yard line.
- ☐ B Team R's ball, 25 yards beyond the previous spot.
- ☐ C Decline the penalty. Put the ball in play at the out of bounds spot.
- ☐ D Penalize from the previous spot and have Team K re-kick.

38. R35 catches a punt on his own 10-yard line and advances. During his return, K45 grabs and twists R35's face mask at the R 20-yard line. R35 breaks free and continues to advance but is hit and fumbles at Team K's 10-yard line. K20 recovers the fumble at K's 5-yard line. What is the correct ruling?

- ☐ A Team K's ball, 1st & 10, at Team K's 5-yard line
- ☐ B Team R's ball, 1st & goal, at Team K's 5-yard line
- ☐ C Team R's ball, 1st & 10, at Team R's 35-yard line
- ☐ D None of the above

39. A19 is positioned 5 yards behind the center. A19 muffs the snap after the ball hits him in the thigh pad. The ball falls to the ground. A19 then picks up the ball and throws it forward to the ground, attempting to stop the clock. What is the correct ruling?

- ☐ (A) Incomplete pass
- ☐ (B) Fumble - ball remains live
- ☐ (C) Intentional grounding - 5-yard penalty
- ☐ (D) Intentional grounding - 5-yard penalty plus a loss of down

40. 1st & 10 at Team A's 20-yard line - A10 hands the ball to A43 who advances to A's 35-yard line where B27 tackles him by grabbing his facemask and pulling him to the ground. After the play, A43 takes offense to the tackle and throws the ball and hits B27. What is the result of the play?

- ☐ (A) Team A's ball, 1st & 20, at the 10-yard line
- ☐ (B) Team A's ball, 1st & 10, at the 25-yard line
- ☐ (C) Team A's ball, 1st & 10, at the 35-yard line
- ☐ (D) Team A's ball, 1st & 10, at the 50-yard line

41. 4th & 7 at Team K's 23-yard line – K50 punts the ball. Prior to R27 catching the punt at Team R's 40-yard line, R63 blocks K31 below the waist at Team K's 45-yard line. R27 then returns the punt and is tackled at K's 35-yard line. What is the result of the play?

- ☐ (A) Team R's ball, 1st & 10, at the R 25-yard line
- ☐ (B) Team R's ball, 1st & 10, at the R 35-yard line
- ☐ (C) Team R's ball, 1st & 10, at the R 40-yard line
- ☐ (D) Team R's ball, 1st & 10, at the 50-yard line

42. 1st & 10 at Team A's 20-yard line - A34 runs a sweep with several lead blockers out in front of him. B25 comes up from his safety position and takes out two of Team A's lead blockers at A's 25-yard line by blocking them below the waist. B40 tackles A34 at Team A's 28-yard line. What is the correct ruling?

- ☐ A This is a legal play since defensive players are allowed to contact offensive players below the waist if it is an attempt to take out the lead blockers.
- ☐ B B25 committed an illegal block below the waist foul. If Team A accepts the penalty, it's 15 yards from the previous spot.
- ☐ C B25 committed an illegal block below the waist foul. If Team A accepts the penalty, it's 15 yards from the end of the run.
- ☐ D None of the above.

43. Team K legally kicks during any scrimmage down, and the ball goes out of bounds behind the line of scrimmage. What is the correct ruling?

- ☐ A The ball belongs to Team K.
- ☐ B The ball belongs to Team R.
- ☐ C It is a penalty, and the down must be replayed.
- ☐ D None of the above.

44. 1st & 10 at Team A's 48-yard line - A71 is flagged for holding at Team A's 45-yard line. A2 is downed at Team A's 42-yard line. If Team B accepts the penalty, what is the result of this play?

- ☐ A Enforce the penalty from the succeeding spot, B's 48-yard line.
- ☐ B Enforce the penalty from the previous spot, A's 48-yard line.
- ☐ C Enforce the penalty from the spot of the foul, B's 45-yard line.
- ☐ D Enforce the penalty from the end of the run, A's 42-yard line.

45. 4th & 4 at the 50-yard line - A1 runs to B's 40-yard line then throws an incomplete forward pass. What is the correct ruling?

- ☐ A If Team B declines the penalty, it will be Team A's ball, 1st & 10, from B's 40-yard line.
- ☐ B If Team B accepts the 5-yard penalty for the illegal forward pass, it will be Team A's ball - 1st & 10 from B's 45-yard line.
- ☐ C If Team B accepts the illegal forward pass penalty (5-yard penalty and loss of down), it will be Team B's ball, 1st & 10, at B's 45-yard line.
- ☐ D Both Choice 1 & 2 are correct.

46. When shall a period be extended?

- ☐ A When there is an accepted penalty by either team, and the clock expires before the next play can be run.
- ☐ B When the penalty by an opponent is declined and the clock expires before the next play can be run.
- ☐ C When the period ends, and a foul occurs during the live ball, and the penalty is accepted.
- ☐ D When a foul occurs after the period has ended but before the next period begins.

47. 1st & 10 at Team A's 49-yard line – A3's run ends at Team B's 40-yard line. A51 is flagged for holding at Team B's 47-yard line. If the penalty is accepted, what is the result of this play?

- ☐ A Enforce the penalty from the previous spot, A's 49-yard line.
- ☐ B Enforce the penalty from the end of the run, B's 40-yard line.
- ☐ C Enforce the penalty from the spot of the foul, B's 47-yard line.
- ☐ D Enforce the penalty from the end of the run, A's 40-yard line.

48. Before the ready-for-play whistle, in which of these situations may Team A designate the spot from which the ball is put in play anywhere between the hash marks?

- ☐ A Following a safety.
- ☐ B Following a fair catch.
- ☐ C Following a touchback.
- ☐ D All the above.

49. Team A is winning 21-20 with 38 seconds left in the 4th quarter, and the game clock is running. B54 cannot fasten his chin strap. The officials call an official's timeout. What happens next?

- ☐ A B54 must be replaced. The play clock is set at 40 seconds.
- ☐ B B54 may remain in the game. The play clock is set at 40 seconds.
- ☐ C B54 must be replaced. The play clock is set at 25 seconds.
- ☐ D B54 may remain in the game. The play clock is set at 25 seconds.

50. A10 intentionally throws an incomplete pass in attempt to conserve yardage. There is not an eligible receiver in the area of the pass. Which of the following conditions must be met for this to be a legal play?

- ☐ A The passer has possessed the ball beyond the lateral boundary of the free-blocking zone as established at the snap.
- ☐ B The pass reaches the neutral zone, including the extension beyond the sideline.
- ☐ C The passer is the only player to possess the ball after the snap ends.
- ☐ D All conditions in Choice 1,2, & 3 must be met.